

## **Midday Prayers from Commonprayer.net**

*(Amended, including Psalm, Scripture, and Collect for the Day)*

In the name of God, Creator, Word and Loving Spirit. **Amen.**

God is with you – **and also with you.**

Draw us into your love, Christ Jesus : **and deliver us from fear.**

**Lord, make us instruments of your peace.**

**Where there is hatred, let us sow love;**

**where there is injury, pardon;**

**where there is doubt, faith;**

**where there is despair, hope;**

**where there is darkness, light;**

**where there is sadness, joy.**

**O Divine Master, grant that we may not  
so much seek to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.**

**For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.**

**Glory to God, Creator, Word and Loving Spirit,  
as it was in the beginning, is now, and will be forever. Amen.**

### **Collect for the Day**

Lord of the wedding feast,  
take our hearts of stone  
and flood them with new wine,  
so that we may savour the daily miracles  
that reveal your Son in our midst,  
Jesus the Christ. **Amen.**

### **Readings**

*(from <https://www.churchofengland.org/prayer-and-worship/join-us-in-daily-prayer/>)*

## **Psalm 122**

- 1 I was glad when they said to me, \*  
‘Let us go to the house of the Lord.’
- 2 And now our feet are standing \*  
within your gates, O Jerusalem;
- 3 Jerusalem, built as a city \*  
that is at unity in itself.
- 4 Thither the tribes go up, the tribes of the Lord, \*  
as is decreed for Israel,  
to give thanks to the name of the Lord.
- 5 For there are set the thrones of judgement, \*  
the thrones of the house of David.
- 6 O pray for the peace of Jerusalem: \*  
‘May they prosper who love you.
- 7 ‘Peace be within your walls \*  
and tranquillity within your palaces.’
- 8 For my kindred and companions’ sake, \*  
I will pray that peace be with you.
- 9 For the sake of the house of the Lord our God, \*  
I will seek to do you good.

**Glory to God, Creator, Word and Loving Spirit,  
as it was in the beginning, is now, and will be forever. Amen.**

### **Short Reading for the Day**

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus’ sake. For it is the God who said, ‘Let light shine out of darkness,’ who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

*2 Corinthians 4.5,6*

### *Reflection*

In the language and form closest to our heart, we pray as Jesus taught his friends

***Our Father...***

Make us worthy, Lord, to serve our siblings throughout the world, who live and die in poverty and pain. Give them today, through our hands, their daily bread and through our understanding love, give peace and joy. Amen

Blessed are the poor,  
**for theirs is the Kingdom of God.**

Blessed are the hungry,  
**for they shall be filled.**

Blessed are the meek,  
**for they shall inherit the earth.**

Blessed are the pure in heart,  
**for they shall see God.**

Blessed are those who mourn,  
**for they shall be comforted.**

Blessed are the merciful,  
**for they shall be shown mercy.**

Blessed are the peacemakers,  
**for they are the children of God.**

Blessed are those who are persecuted for righteousness and justice,  
**for great is their reward.**

*A time of open prayer*

Come, Holy Spirit. We pray that your fruit would be in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Dear Jesus, help us to spread your fragrance everywhere we go.

**Soul of Christ, sanctify me;**  
**body of Christ, save me;**  
**blood of Christ, inebriate me;**  
**water from the side of Christ, wash me;**  
**passion of Christ, strengthen me.**  
**O good Jesus, hear me;**  
**within your wounds hide me;**  
**suffer me not to be separated from you;**  
**from the malicious enemy, defend me;**  
**in the hour of my death, call me,**  
**and bid me come to you**

**that with your saints I may praise you  
forever and ever. Amen.**

**Through our lives and by our prayers : may your kingdom come!**

**In the name of the Creator, and of the living Word, and of the Holy Spirit. Amen.**